



## HOT TUB GUEST USAGE AGREEMENT

This document is a formal agreement detailing the conditions that the hot tub is provided under for use in your holiday cottage. It is important that you read and fully understand the contents and agree to abide by the guidelines for the health and safety of you and your guests. Please note that you will not have access to the hot tub until this signed form is returned. Thank you for your co-operation and enjoy your hot tub!

### HOT TUB GUIDELINES

We want you to enjoy and get the most from your hot tub during your stay.

- The Hot tub is provided on a best endeavour's basis. We may need to make the hot tub unavailable for use at short notice for unscheduled maintenance or ad hoc cleaning where required.
- For the comfort of our guests and neighbours, music should not be played outside the property and hot tubs are not to be used after 11pm.
- It is natural to raise your voices to speak over the jets, but please be aware that sound does travel very easily in the countryside so please regulate your volume accordingly.
- We reserve the right to withdraw the hot tub without refund in the event of misuse.
- If the hot tub needs to be shut down, cleaned and refilled due to misuse then an additional charge of £150 will apply.
- Please note that on busy changeover days your hot tub may not be up to full temperature by your arrival and will not be available after 8.00am on the day of your departure due to maintenance and cleaning.

### GENERAL GUIDANCE

We want you to enjoy and get the most from your hot tub during your stay.

- Please bring towels with you for use with the hot tub.
- Cottage towels must not be used; an additional cleaning charge may be applied if they are.
- Operating instructions will be provided on laminated cards located inside the cottage and in close proximity to the hot tub.

- Undo clips and use the cover lifter to remove the cover.
- Ensure that the hot tub is never fully switched off, as this will cause loss of heat and affect sanitation.
- Take care when entering and leaving the hot tub as the surrounding areas can become slippery when wet.
- When not in use make sure the cover is on and secured with the retaining clips.
- You must not jump or dive into the hot tub.
- Suitable swimwear must only be used in the hot tub, shoes must not be worn.
- All jewellery/body piercings to be removed before using the hot tub.
- No additional fluids must be added to the hot tub – bath bombs, foam etc.

### YOUR HEALTH & WELLBEING

- Our hot tubs are set at 38°C and we recommend that this should not be exceeded.
- At 38°C you are advised to limit your time in the hot tub to a maximum of 15 minutes in each use. A short break of 5 mins is advised to allow body temperature to lower before re-entering the tub.
- Exceeding this time can affect your inner organs and cause fever-like conditions and dehydration.
- Please shower and rinse before using the hot tub, as this washes away many of the common skin bacteria and chemicals that will reduce the effectiveness and cleanliness of the hot tub.
- Make up and fake tanning products must be removed and NOT be used as this will discolour the water which result in a cleaning charge being levied for cleaning and refilling.



- People with skin, ear, genital or other body infections, open sores, or wounds should not use the hot tub due to the risk of spreading infection.
- Pregnant women and persons with heart disease, diabetes, low or high blood pressure, or any serious illness should consult their doctor before using the hot tub.
- Children under 16 must be supervised by a suitable adult at all times.
- Hot tubs are not recommended for use by children under the age of four.
- Never use the hot tub alone.
- Excessive exposure to the hot tub can increase the risk of allergic reactions and skin complaints.
- If any allergic reaction occurs leave the hot tub and rinse off in the shower then contact a local medical professional.
- Please ensure all users rehydrate regularly with water to avoid dehydration.
- Do not bring glass near the hot tub, as broken glass is a serious hazard and breakages will require the hot tub to be drained and cleaned. Plastic alternatives are available in each cottage.
- Do not exceed the maximum occupancy of your hot tub.
- Do not sit on the plastic lid, which covers the filter, or the hot tub cover.
- Do not use any electrical appliances near/in the hot tub.
- Do not use the hot tub if you have added water yourself, as the chemical balance will need to be reset.
- Please ensure you understand how to remove and store the cover when using the hot tub as this is an expensive item to replace.

**It is essential that you ensure all guests in the property are aware of the above guidelines and safety information that we have provided.**

Thank you for your booking.

## OTHER NOTES

- Do not use the hot tub if you notice any deterioration or discolouration of the water. Contact 07525 326044 and stop anyone from using the hot tub until it has been checked.
- Do not consume alcohol before or during hot tub use. The heat of the water speeds up the effects of alcohol and can cause sleepiness, dizziness and unconsciousness.
- Do not use the hot tub while using narcotics or other medication that may cause sleepiness, drowsiness or raise/lower blood pressure.
- Do not use the hot tub after a heavy meal or exercise as the water temperature can affect your heart rate.
- Do not drink or immerse your head in the hot tub water. This increases the risk of infection and can heighten the dangers of drowning due to suction below the water line.